

Symmetria is a state-of-the-art medical and beauty clinic established in 2005 in Athens, Greece. Our approach to beauty and balance is holistic and our bouquet of services is designed to help our visitors look good, and feel even better! Symmetria offers the latest in technology equipment while it combines a wealth of scientific knowledge to a customer – centric approach and is thus established in Greece and also around the world as one of the top clinics of its kind.

Symmetria是一家先进的医疗美容诊所，成立于2005年，主要营业地址在希腊雅典。我们认为不管是美丽还是平衡都是整体的，我们有大量的服务，可以帮助我们的来客更漂亮，更加自信！Symmetria不仅可以为客户提供最新的技术设备，还可以提供丰富的科学知识 – 以人为中心，这使我们成为希腊，乃至全世界最顶尖的美容诊所之一。

The clinic, which is easily accessible from the centre of Athens and the city's International Airport, is a spacious, modern building offering premium facilities and treatment rooms. We have placed special emphasis on the smallest detail of interior design, to ensure clients are offered a unique experience in a peaceful, aesthetically beautiful environment.

从雅典中心和城市的国际机场可以方便的到达我们的诊所。我们的诊所在一栋宽敞的现代化的建筑中，里面有优质的设施和治疗室。我们特别注意了内部设计的小细节，确保客户在平和、美观的环境中，为享受独特的服务。

Operating under the model of one-stop-shop Symmetria offers:

Symmetria采用一站式商店经营模式，提供：

- Non invasive aesthetic medicine treatments for face and body
- 面部和身体的非侵入性药物处理
- Cosmetic Surgery
- 整容手术
- Dermatology
- 皮肤科
- Internal Medicine
- 内科

- Weight loss and body contour services
- 减肥和体形服务
- Diet and nutrition
- 饮食和营养
- Body treatments and beauty facials
- 身体护理和面部美容
- An own-brand range of cosmetics for optimal daily skincare
- 最佳日常皮肤护理使用的自有品牌化妆品

Advanced Medical Services S.A. hosts distinguished plastic surgeons, medical doctors and dermatologists. The medical group brings together physicians of a strong academic background, trained abroad as well as in Greece, each one of them holding international awards and merits. Dr Nikolaos Metaxotos, MD, PhD, FEBOPRAS, founder of Symmetria, is often quoted by Tatler Magazine among the Top 40 cosmetic surgeons around the world and holds a high profile among the international medical community of aesthetic surgery. Dr Alex Karidis, MD, FRCS, is one of the UK's most well known and respected Cosmetic Surgeons. He is specialized in Cosmetic Surgery and fully registered with the United Kingdom General Medical Council. All our collaborating physicians offer their scientific knowledge at a high level of service.

Advanced Medical Services S.A. 有杰出的整形外科医生、医师和皮肤科医生。该医疗团队聚集了拥有强大的学术背景、在海外及希腊经过培训的医师，他们都荣获过国际奖项和奖励。Dr Nikolaos Metaxotos，医学和哲学双博士，FEBOPRAS，Symmetria的创始人，经常被Tatler杂志引述为世界前40名整容外科医生之一，在国际美容外科医学界有很高的声誉。Dr Alex Karidis，医疗博士，FRCS，是英国最有名最受尊重的整容外科医生之一。他专门从事整容手术，并在英国医学总会注册。我们所有合作医生都具备高水平服务科学知识。

Symmetria Beauty and Balance S.A. offers a combination of the most popular and effective face and body non surgical treatments. Each member of Symmetria's medical team brings their own specialized skill to the centre which means clients are assured of a practitioner who is the best in their area of expertise. This allows Symmetria to offer a broad range of cosmetic non-surgical procedures, as well as body contouring programs,

facial and advanced skin care treatments, laser treatments, body treatments, diet, nutrition and weight loss programs.

Symmetria Beauty and Balance S.A. 提供最流行和最有效的面部和身体非手术治疗。

Symmetria医疗团队的每名成员都向中心贡献自己的专业知识，也就是说，客户可以得到每个领域最佳从业者的服务。这使Symmetria可以提供广泛的非手术美容方法，以及塑形计划、面部和高级皮肤护理、激光治疗、身体治疗、饮食、营养和减肥计划。

We are particularly proud of our recently established partnership with Dr Fedon Lindberg. Dr Lindberg is famous in Scandinavia and around the world for having introduced a diet concept known as the iso-glycemic diet. His unique approach can empower people to take control and thereby prevent and treat illness through their own efforts, by improving their eating habit and adapting a healthier life style.

令我们觉得尤其骄傲的是，我们最近与Dr Fedon Lindberg建立了合作关系。Dr Lindberg是斯堪的纳维亚及全球知名的医师，他就是异血糖饮食概念的创始人。他的独特方法可以使人们掌握控制权，通过他们自己的努力，改善他们的饮食习惯和采用更健康的生活方式，预防和治疗疾病。

Symmetria Wellness & Aesthetics Ltd is a company involved in the cosmetics and cosmeceuticals. The company imports the range of Symmetria Cosmetics, developed and manufactured in France. This is a full range of cosmetic products that include scrubs, cleansers, day, night and eye creams as well as a unique SPF 30 facial sunscreen, designed to complement each other for a complete daily skincare. The cosmetic line is sold through aesthetic and medical practices, medical SPAs, retail stores and on our online shop.

Symmetria Wellness & Aesthetics Ltd是一家从事化妆品和药妆品的公司。公司进口Symmetria系列化妆品，这些化妆品都是在法国开发和制造的。这一整套化妆品包括磨砂、清洁剂、日霜、晚霜和眼霜，以及一个独特的SPF30面部防晒霜，形成了一套完整的互补日常护肤品。我们这套化妆品通过美容和医疗机构、医疗SPA、零售商店及我们的网上商店销售。

Symmetria's International Meetings

Symmetria 国际会议

Symmetria's International Aesthetic Surgery Meetings are a point of reference for the international medical community.

Symmetria 国际美容外科会议是国家医疗机构的参考点。

The first meeting, held in 2006, gathered renowned international speakers from around the world and well established Greek plastic surgeons and dermatologists in order to discuss the latest advances in facial rejuvenation and anti-aging. Both surgical and non surgical techniques for the treatment of the face were presented. All speakers placed extreme importance on the growing impact of the non invasive treatments for facial rejuvenation and the possibilities modern scientific technology and development offers.

第一次会议的是在 2006 年举办的，聚集了来自世界各地的知名国际发言人及希腊知名整形外科医生和皮肤科医生，讨论了面部年轻化和抗老化的最新进展。会上介绍了手术和非手术面部治疗技术。所有发言人都认为非侵入处理面部年轻化极其重要，并介绍了现代科学技术的可行性及未来发展。

The 2nd International Symmetria Meeting hosted in 2008 in Athens brought together more than 300 plastic surgeons from 28 countries.

第二届Symmetria国际会议是于2008年在雅典举办的，汇集了28个国家的300多名整形外科医生。

The international faculty included top cosmetic surgeons: Thomas Biggs (USA), Javier de Benito (Spain), Sampaio Goes (Brazil), Ruth Graf (Brazil), Per Heden (Sweden), Jan Jernbeck (Sweden), Patrick Mallucci (UK), Malcolm Paul (USA), Nick Percival (UK), Michel Pfulg (Switzerland), Farbice Pfulg (Switzerland), Patrick Tonnard (Belgium), Michele Zocchi (Italy). International Beauty Consultant Wendy Lewis also joined the panel from the US and praised Symmetria's work.

此国际机构中有顶级整容外科医生：Thomas Biggs (美国)、Javier de Benito (西班牙)、Sampaio Goes (巴西)、Ruth Graf (巴西)、Per Heden (瑞典)、Jan Jernbeck (瑞典)、Patrick Mallucci (英国)、Malcolm Paul (美国)、Nick Percival (英国)、Michel Pfulg (瑞士)、Farbice Pfulg (瑞士)、Patrick Tonnard (比利时)、Michele Zocchi (意大利)。美国的 International Beauty Consultant Wendy Lewis 也参加了专家组，并对Symmetria的工作作出了高度评价。

Medical Tourism

医疗观光

Symmetria reserves special treatment for its international visitors. Along with high quality medical services, we provide suggestions for accommodation and full medical tourism

packages and treatments. Symmetria is strategic partner with travellair club of Olympic Airlines since 2010.

Symmetria 会为其国际访客提供特殊的治疗。除了高质量医疗服务外，我们还提供住宿建议、全套医疗观光包和治疗。Symmetria 从2010年开始成为Olympic Airlines 空中飞行俱乐部的战略合伙人。

Symmetria has been quoted for three consecutive times by Tatler UK among the top cosmetic surgery clinics around the world while it has featured in more than 900 articles in Greek and International Publications.

Tatler UK连续三次将Symmetria 评为世界顶级整容手术诊所之一，此外希腊和国际出版物中900多篇文章都提及Russian Tatler。

In February 2010 the Russian Tatler also included Symmetria among five top clinics around the world and recommended its services to Russian tourists visiting Greece.

2010年，Russian Tatler将Russian Tatler评为世界最顶级的五大诊所之一，并向访问希腊的俄国人推荐我们的服务。

