



Symmetria: Company Profile

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Symmetria is a state-of-the-art medical and beauty clinic established in 2005 in Athens, Greece. Ours is a holistic approach to beauty and balance and our bouquet of services is designed to help our visitors look good, and feel even better! Symmetria offers the latest in technology equipment while it combines a wealth of scientific knowledge to a customer - centric approach and is thus established in Greece and also around the world as one of the top clinics of its kind.

Operating under the model of one-stop-shop Symmetria offers:

- Non invasive aesthetic medicine treatments for face and body
- Cosmetic Surgery
- Dermatology
- Internal Medicine
- Weight loss and body contour services
- Diet and nutrition
- Body massage and beauty facials
- An own-brand range of cosmetics for optimal daily skincare

Find out more: www.symmetria.com

Group of companies in a nutshell

Advanced Medical Services hosts distinguished plastic surgeons, medical doctors and dermatologists. Dr Nikolaos Metaxotos heads the team, quoted by Tatler Magazine among the Top 40 cosmetic surgeons around the world and holds a high profile among the international medical community of aesthetic surgery.

Symmetria Beauty and Balance offers a combination of the most popular and effective body contour and weight loss treatments.



Symmetria Wellness & Aesthetics imports the range of Symmetria Cosmetics in Greece. This is a full range of scrubs, cleansers, day, night and eye creams as well as a unique SPF 30 facial sunscreen, designed to complement each other for a complete daily skincare.

Main achievements

Symmetria is established as a centre of excellence in Greece and around the world thanks to the following outstanding achievements:

- Symmetria's visitors belong to the upper economic and social class of the Greek capital and distinguish the centre among many others for its range of services and the ultimate customer experience it offers
- Symmetria reserves special treatment for its international visitors. Along with high quality medical services, we provide suggestions for accommodation and full medical tourism packages and treatments
- Symmetria has been quoted for three consecutive times by Tatler UK among the top cosmetic surgery clinics around the world while it has featured in more than 900 articles in Greek and International Publications
- In February 2010 the Russian Tatler also included Symmetria among five top clinics around the world and recommended its services to Russian tourists visiting Greece
- Symmetria's International Aesthetic Surgery Meetings are a point of reference for the international medical community. The 2nd International Symmetria Meeting entitled "Advances in Aesthetic Plastic Surgery and Anti-Aging, hosted in 2008 in Athens brought together more than 300 plastic surgeons from 28 countries. The international faculty included top cosmetic surgeons: Thomas Biggs (USA), Javier de Benito (Spain), Sampaio Goes (Brazil), Ruth Graf (Brazil), Per Heden (Sweden), Jan Jernbeck (Sweden), Patrick Mallucci (UK), Malcolm Paul (USA), Nick Percival (UK), Michel Pfulg (Switzerland), Farbice Pfulg (Switzerland), Patrick Tonnard (Belgium), Michele Zocchi (Italy). International



Beauty Consultant Wendy Lewis also joined the panel from the US and praised Symmetria's work.

- At our centre each person is an individual; we believe in spending a luxurious length of time with each of our clients in order to fully be able to analyze their individual needs. We then propose a personal tailor-made health and beauty programme that will best suit that individual. 'Ἠθος - Ethos (guiding beliefs and moral nature) and μέτρον - metron (the avoidance of extremes) are what define all of our efforts.
- Thanks to all the above parameters Symmetria is certified by the international organization Bureau Veritas Certification with ISO 9001:2008 as its management system has been audited and meets the standards of the organization.
- Since December 2010 Symmetria is a partner of the Olympic Air in their frequent flyers Travelair Club program and also has successful partnerships with many companies in Greece through the Symmetria Members Card program.

Symmetria Cosmeceuticals

Developed by Greece's leading plastic surgeon Dr Nikos Metaxotos, Symmetria has fast become the favoured skin care range of Europe's rich and famous. Initially devised for the varying skin types found in the Southern Mediterranean, Symmetria's popularity has also grown amongst Northern Europeans with more thin, sensitive skin. Symmetria range of skincare can be found in London UK and in large retail shops in Athens.

Find out more: www.symmetriacosmetics.gr

For more information:

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